Roose Community Primary School

PE and Sports Grant Statement

2016-2017

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| **What is the PE and Sports Grant?**  The PE and Sports Grant is allocated to every primary school to improve the quality of PE and Sport for all young people – at both the participation level and for gifted children.  At Roose Community Primary School, we aim to improve the quality of Physical Education teaching and provide additional opportunities, increasing pupils’ exposure to a broader range of sporting opportunities.  Taking part in physical exercise helps children to develop healthy lifestyles, reach the performance levels they are capable of and improves achievement.  We aim is to provide opportunities that exceed national curriculum expectations so that all children find something that they enjoy doing and can sustain.  We also use this grant to provide increased opportunities for pupils with Special Educational Needs and Disabilities.  All of the above will also contribute to the pupils’ Spiritual, Moral, Social and Cultural development. | | | |
| Amount of grant received: £8,885.00  PE and sports coaching is also funded by the school’s budget allocation. | | | |
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| **How the Sports Grant is spent** | **Approximate cost** | **Impact** | |
| **Teaching and learning** | | | |
| Commitment to exceeding the recommended two hours of physical education per week by providing a wide range of extra activities. | Additional staffing costs:  £500.00 | Improved fitness levels and more outdoor learning opportunities. As wide a range of activities as possible to provide something that each child will enjoy – these extra activities include – athletics, fields and track running, orienteering, skateboarding, | |
| Weekly karate lesson for years 4, 5 and 6 with professional coach. | £2100.00 | Children coached to professional standards – gaining coloured belts as they progress.  Improved fitness, agility and self-defence.  Improved behaviour and discipline. | |
| Weekly yoga for kids lesson for years R and 1 | £450.00 | Increased fitness, concentration, flexibility and mental well-being. Ability to manage stress through breathing and healthy movement.  Increased confidence and positive self-image. | |
| Dance and performance workshops   * Tango, waltz and foxtrot – y6 and coffee club tea dance * Dare Dance workshops and performance – y4 * Cultural Education Programme – Turkish and African dance – y5 * U-dance – y3 * UVHS Dance Platform * Irish dancing – all years | Funded by coffee club  £350.00  Research project  £250.00  £100.00  £PTA funding | The majority of children enjoy dance and many excel at it, choosing to continue into secondary school and beyond. These workshops provide the opportunity for children to try different forms of dance and to learn about the cultures behind them.  The workshops provide vigorous exercise.  The performances build confidence, teamwork and self-esteem. | |
| Cyclewise training – y6 | No costs run by PCSOs | Ensuring that children can ride their bikes safely on the road and increase the amount of time the children can cycle for pleasure. | |
| Canoeing to Wild Cat Island – y5 | £510.00  (subsidy) | Improved fitness levels and new physical experience. Part of cross curricular teaching about Arthur Ransome – included team building, self-confidence and positive self-image.  The experience was filmed by a drone which increased the enjoyment and pride in achievement as it was shown to parents and whole school. | |
| Fell walking – y2 | £1000.00  (subsidy) | All children get the chance to explore the Lake District as a fell climber. Increases fitness and self-confidence. Walking becomes more sustainable as children take their parents to where they have been, several families exercise like this regularly now. | |
| Staff training   * Dance * Yoga * Multi skills | £300.00 | Increases staff expertise and confidence.  Broaden staff knowledge and capabilities.  Managing stress through breathing, meditation and body awareness. | |
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| **Enrichment** | | | |
| School teams play in as many inter-school competitions as possible:   * Gymnastics * Football * Cricket * Tag rugby * Girl’s football * Athletics   Sports grant pays for transport to venues so that all can participate. | Funding is used to release staff to accompany teams if events are during the school day.  £1000.00 | | Improved team working and behaviour.  Opportunities for leadership.  Increased participation in sports to help pupils to develop a healthy life-style.  Pupils reach the performance levels they are capable of. |
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| **Other allocations** | | | |
| Middle Leader Training and time for new PE Coordinator | £1500.00 | | Middle Leadership strengthened; better co-ordination, monitoring and mentoring throughout school. |
| Dedicated middle leader time to plan new and consolidate older initiatives | £720.00 | | Improved PE and Sports curriculum throughout school. |
| Total amount spent from grant | £8,885 (+school budget input) | |  |

During the year we run different after school and lunchtime clubs to enhance the PE and sport in school. This year these have included:

1. Football coaching
2. Netball
3. Badminton
4. Table tennis
5. Gymnastics
6. Team swimming
7. Multi sports
8. Running club
9. Tag rugby
10. Cricket
11. Dance
12. 2 Sports Days in the summer term